

## 2. Celebration of International Yoga Day 2024:

The Internal Complaints Committee (ICC) in association with Department of Political Science, ELC and IQAC, Dimoria College, celebrated the International Yoga Day 2024 on the theme “Yoga for Self and Society” at Nowagaon Anganwadi Centre, Khetri on 21 June 2024. The objective of the programme was to increase awareness about the physical and mental health benefits of yoga. The instructor was Ms. Nabashree Das.

