

CAPACITY BUILDING AND SKILLS ENHANCEMENT INITIATIVES

LIFE SKILLS

Name of the capability enhancement scheme	Date of implementation	Number of students enrolled	Agencies involved
Swachh Bharat Summer Internship at Block : Dimoria Gram Panchyat: Topatali village	29-06-2018 to 31-07-2018	16	60(A) Girls BN Unit, Dimoria College
Menstrual Hygiene day	28-05-2019	20	Kamrup Metropolitan District Water and Sanitation Committee (KMDWSC), Govt. of Assam
International Day of Yoga	21-06-2019	22	Patanjali Yogpeeth
Mental Health Awareness cum Screening Camp	20-09-2019	51	Dept. of Psychiatry, District Hospital, Sonapur, Kamrup Metro
Awareness Programme on Waste Management	23-09-2019	16	Kamrup Metropolitan District Water and Sanitation Committee (KMDWSC), Govt. of Assam
Xamuhik (Collective) Shramdaan at Khetri Market and College Campus and Celebration of 150th birth anniversary of Mahatma Gandhi	02-10-2019	18	Kamrup Metropolitan District Water and Sanitation Committee (KMDWSC), Govt. of Assam
“Mental Health and Empowerment” was held on 29 th October, 2021	29-10-2021	63	Women’s Cell, Dimoria College
Awareness programme on “YOGA FOR HUMANITY”	21-06-2022	77	IQAC, Dimoria College

Swachh Bharat Summer Internship Programme

Venue: Gram Panchyat: Topatali village.

Date: 01-05-2018 to 31-07-2018



Report of the Program:

A cleanness drive was conducted from 1st May to 31st July, 2018 at DIMORIA Gram Panchyat: Topatali village. It was organised by NSS Dimoria College Unit, Khetri, association with 60(A) Girls, NCC Unit of Dimoria College, Khetri. The programme was conducted under the leadership of Mr. Anup Dutta Barua, the Coordinator, NSS unit, Dimoria College and a total of 31



Swachh Bharat Summer Internship

Date: 29-06-2018

Swachh Bharat Summer Internship is conducted at Tapatala gram, Dimoria Block by NSS unit and GO(A) Girls BN NCC Unit, Dimoria College from 01-05-2018 to 31-07-2018.

Members Present:

1. Debi
2. Manabjit Bultaji
3. Anup Sethi Barua
4. Manisha Teron
5. Karpita Raybongshi
6. Lulsh Mithi
7. Champak Hazarika
8. Bharati Datta
9. Harikanta Das
10. Karpita Deka
11. Saith Braishya
12. Surajwar Teron
13. Deepman Deka
14. Navamita Dasi
15. Luiton Barshya
16. Joanson Limung



(Signature)
Principal
Dimoria College, Dimoria

Menstrual Hygiene Day
Venue: Dimoria College
Date: 28-05-2019



Report of the Program

The Menstrual Hygiene Day was observed at Dimoria College on 28th May, 2019. It was organised by the NSS unit of Dimoria College, Khetri in collaboration with Kamrup Metropolitan District Water and Sanitation Committee (KMDWSC), Govt. of Assam under Swachh Bharat Mission. The number of members of Kamrup Metropolitan District Water and Sanitation Committee and faculty members (female) and girl students from nearby schools attained the program. From Way Foundation, Miss Rekha Sharma participated in the program.



Menstrual Hygiene Day -

Date: 28/05/2019

The Menstrual Hygiene Day - 2019 was organized at Dimoria College, Khetri by the NSS unit of Dimoria College, Khetri in collaboration with Kamrup Metropolitan District Water and Sanitation Committee (KMDWSC), Govt of Assam. A number of members of KMDWSC and faculty members (female) and girl students from nearby schools attended the said function.

From Day Foundation, Miss Rekha Sharma participated in the programme.

Members present -



1. ~~Arsh~~
2. Manabjyoti Borkhuti
3. N. Choudhury
4. Arup Deka Baner
5. Radwa Das
6. Gobinda Bhawanik
7. Navab Khatu
8. Kamrita Raybongshi
9. Bherati Datta
10. Kalpita Deka
11. Anasika Konka
12. Chandanita Barishya
13. Nikunam Nait
14. Fozan Hanny
15. Manj Deka
16. Sayib Saha
17. Kalyan Choudhury
18. Jura Reheng
19. Madhura Baruah
20. Alia Saha

5th International Yoga Day

Venue: Dimoria College

Date: 21-06-2019



Report of the Program;

A Yoga Practice programme was organized by the NSS Unit of the college as a part of the celebration of 5th International Day of Yoga on 21st June, 2019 in collaboration with 60 Bn Girls unit of NCC, Dimoria College, Khetri. Miss Nabashree Das from Patanjali Yogpeeth was invited to this programme as resource person. He sensitized the participants about Yoga Practice for health maintenance and personality development. Students actively took part in this programme and practiced yoga for their better health.



5th International Yoga-Day-2019 Date: 21/06/2019

The 5th International Yoga-Day 2019 is organized at Dimona's college by the NSS unit of Dimona's college in collaboration with the NSS Unit of NCT, Dimona's College, Khetri. A trainer Miss Nabasree Das from Padanjali Yogpeeth provided training on yoga to a number of faculty members and students present in the said function.

Members present:—



1. Akshay
2. Manoj Kumar Baskaly
3. Pooja Bhatnagar
4. Anup Singh Bhatnagar
5. Pratiksha Talukdar
6. Anil Kumar
7. Nishu Deka
8. Sulagna Boro
9. Rishi Bhatnagar
10. Dipika Bhatnagar
11. Manoj Deka
12. Tushar Bhatnagar
13. Dolly Patra
14. Dignita Jaiswal
15. Abinash Kalita
16. Pooja Kalita
17. Pooja Bhatnagar
18. Nilutpal Deka
19. Akshay Bhatnagar
20. Iyoti Kalita
21. Rohit Sanyal
22. Sahil Kumar


NSS Unit, Dimona's College, Khetri

Mental Health Awareness Cum Screening Camp
Venue: Dimoria College
Date: 20-09-2019

Report of the Program:

A Mental health awareness cum screening camp was held on 20th September, 2019 at Dimoria College, under district mental health program organised by IQAC, Dimoria College, Khetri in collaboration with the department of psychiatry, District Hospital, Sonapur, Kamrup Metro.



Awareness Programme on Waste Management

Venue: Dimoria College, Khetri

Date: 23-09-2019



Report of the Program:

An awareness programme was organised by NSS unit, Dimoria College with collaboration with Kamrup Metropolitan District Water and Sanitation Committee (KMDWSC), Govt. of Assam. The program was organised on 23rd September, 2019. The total number of students participants was 62. The programme was led by Mr. Anup Dutta, Coordinator of NSS group, Dimoria College, Khetri.



Latitude: 26.11809
Longitude: 92.076402
Elevation: 77.23m
Accuracy: 45.0m
Time: 23-09-2019 14:22

Awareness Programme on Waste Management

Date: 23/9/19

An awareness program on waste management was organized by the NSS unit of Dimaas College in collaboration with Kamrup Metropolitan District Water and Sanitation Committee (KMDWSC), Govt of Assam at the Dimaas College campus on 23rd September 2019.

The NSS-coordinator, Mr Arup Dutta - Baruah - coordinated the event.

Members present:—

1. Aishwarya
2. Manjivrat, Buly
3. Arup Dutta Baruah
4. Kalyan Das
5. ~~Prashant Das~~
6. Janti Laka
7. Priti R. Baruah
8. Chaitin Das
9. Nayanjot - stali
10. Bhagabati Deka
11. Mr. Das
12. Arunabha Dutta
13. Namaku Teung
14. Linton Dasgupta
15. N. M. Das



Arup Dutta

Coordinator
Dimaas College, Assam

Xamuhik Shramdaan: A Campus Cleanness Drive

Venue: Khetri Market

Date: 02-10-2019



Report of the Program:

A Xamuhik (Collective) Shramdaan at Khetri Market and College Campus was conducted by NSS Unit of the Dimoria Kollege in Collaboration with Kamrup Metropolitan District Water and Sanitation Committee (KMDWSC), Govt. of Assam on the occasion of the Celebration of 150th birth anniversary of Mahatma Gandhi on 02-10-2019. A total of 18 volunteers of NSS unit of the College took part in the cleanness drive.



Xamuhik Shramdaan

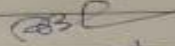
Date: 02-10-2019

Xamuhik Shramdaan is conducted by NSS Unit, Dimoria College in collaboration with Kamrup Metropolitan District Water and Sanitation Committee (KMDWSC), Govt. of Assam at Khetri Market and College Campus on 02-10-2019. 150th Birth Anniversary of Mahatma Gandhi is also celebrated.

Members Present:

1. ~~Arka~~
2. Manojit Borket
3. Manoj Chakraborty
4. ~~Shri Chandra~~
5. Anup Datta Barua
6. Bijaya Bordoloi
7. Jyoti Saha
8. Manoj Kalita
9. Naba Rani Deka
10. Lakhmi Bhuyan
11. Deepika Patra
12. ~~Sambhuwar Prasad~~
13. Sushmita Thakur
14. Chandan Barua
15. Shripa Rani Borua
16. Lakhmi Bhuyan
17. Partha Kalita
18. Anjali Saha



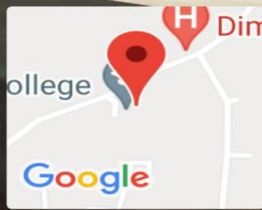
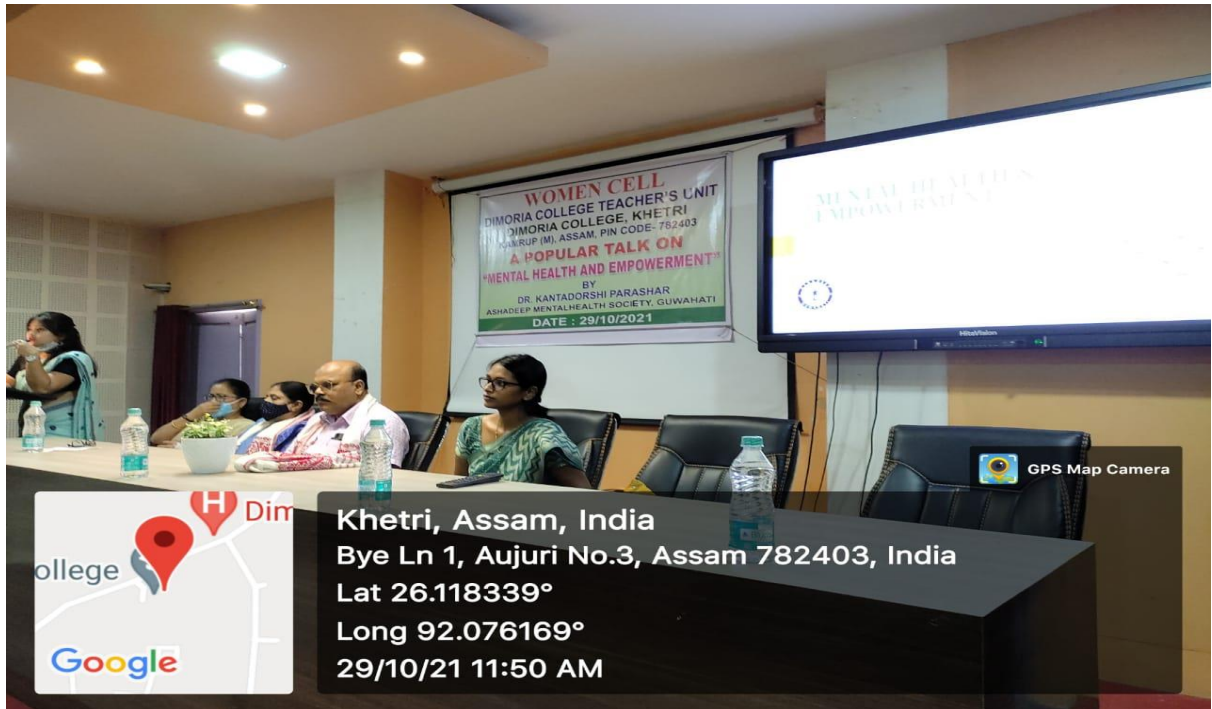

Principal
Dimoria College, Ichheuri

Mental Health and Empowerment
Venue: Dimoria College, Khetri
Date: 29-11-2021



Report of the Program:

A popular talk on "Mental Health and Empowerment" was held on 29th October, 2021 at the digital room of Dimoria College, organised by Women's Cell of the College. The talk was delivered by Dr. Kantadorshi Parasar, Ashadeep Mental Health Society, Guwahati. Total number of participants was 63.



Khetri, Assam, India
Bye Ln 1, Aujuri No.3, Assam 782403, India
Lat 26.118339°
Long 92.076169°
29/10/21 11:50 AM



**Awareness programme on
"YOGA FOR HUMANITY"
on
International Yoga Day**



Date: 21st June 2022

Organiser: IQAC, Dimoria College

Number of Participants: 77

The Report:

On 21st of June 2022, on the occasion International Yoga Day, an awareness camp on the topic, "Yoga for Humanity" was held by Dimoria College, Khetri. The programme was sponsored by National Service Scheme (NSS) Unit and supported by the Internal Quality Assurance Cell (IQAC), Dimoria College and in association with the Patanjali Yogpeeth, Haridwar. The programme was held in the Room RCC1 at the Dimoria Colldege premises. In the programme, Navashree Das & Sabita Baishya were invited as resource persons. Addressing the gathering, the resource persons talked in length about the importance of yoga in our day-to-day life. They discussed how yoga can have a positive impact on our health and also on our mind. Yoga not only helps us to have a sound health but also peace of mind resulting in a happy, peaceful and healthy life. They suggested and urged everyone to include yoga in our daily life for a sound health and for having peace of mind and thereby to have a better life. The resource persons demonstrated some yoga skills in the programme. The programme was attended by all the teaching and non-teaching staffs along with the students of the college.

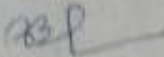
List of Attendees:

PROCEEDING

INTERNATIONAL DAY OF YOGA 2022 YOGA FOR HUMANITY






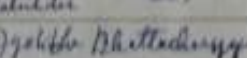
On this day, i.e. Tuesday, the 21st of June, 2022, the International Day of Yoga 2022 is being observed by Dimoria College, Khetri. The Programme is observed annually in accordance with the government directives. This Programme today is being celebrated as an annual event and in accordance with DHE Letter No. DHE/PA/ Misc/M/2011/38 Dated Kabilipara the 18th June/2022 and the Yoga Protocol mentioned therein. The programme is sponsored by the National Service Scheme (NSS) Unit and supported by the Internal Quality Assurance Cell (IQAC), Dimoria College and in association with the Patanjali Yogpeeth, Haridwar. The programme was held in Room RCC1 at the Dimoria College Premises in presence of:

Principal

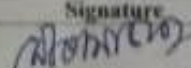
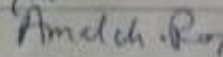
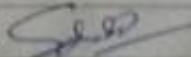
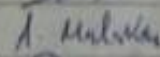
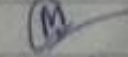
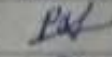



Dr. B K Bhutta

Principal
Dimoria College, Khetri

Sl. NO.	NAME	DESIGNATION	ORGANISATION	SIGNATURE
1	Narashree Das	yoga pracharika	patanjali	
2	Sobita Baidya	Yoga Teacher	Patanjali	
3	Anup Mishra	Programmer / In-charge NSS	Dimoria College, Khetri	
4	Manab Baskanti	Associate Prof.	Dimoria College	 Coordinator IQAC
5	Pavitra Talwar	Lecturer, CTO NCC	Dimoria College	 NCC,
6				

List of Other Attendees:

Sl No.	Name	Designation	Signature
7	Chewi Ram Deka	Head Asstt.	
8	Amal Ch. Roy	Associate Prof.	
9	Sudhakar Mishra	Asstt Prof.	
10	Achint Malakar	Asstt Prof.	
11	Minakhee Boruah	Asstt. Prof.	
12	Dr. Pankaj Homasudha	Asstt. Prof.	
13	Debasma Deka	Lab. Bearer	

14	Nilbarra Das	Lab. Incharge	Nilbarra
15	Archana Sabana	Associate Prof.	Archana Sabana
16	Angon Bhadra	Associate Prof.	Angon Bhadra
17	Shilpa Choudhary	Asstt. Prof.	Shilpa
18	Sant Anand	Associate Prof.	Sant Anand
19	Dr. K. Krishna Rao	Associate Prof.	Dr. K. Krishna Rao
20	Himangshu Samal	Asstt. Prof.	Himangshu
21	Pooja Bhattacharya	Asstt. Prof.	Pooja
22	Dr. Kalpana Choudhary	Associate Prof.	Dr. Kalpana
23	Bipul Kumar Das	Asstt. Prof.	Bipul
24	Madhusudan Barua	Asstt. Prof.	Madhusudan
25	Partha Pratap Das	Asstt. Prof.	Partha Pratap
26	Prasanna Das	Lab. Incharge	Prasanna
27	Dr. Ananta Kumar Das	Associate Prof.	Dr. Ananta
28	Dr. Jashwantrao Boro	Asstt. Prof.	Dr. Jashwantrao
29	Bahadur Das	Asstt. Prof.	Bahadur
30	H. C. Das	Asstt. Prof.	H. C. Das
31	Sangita Mithi	Student	Sangita Mithi
32	Himashree Deka	Student	Himashree Deka
33	Manalika Medhi	Student	Manalika
34	Normita Basu	Student	Normita Basu
35	Sunovi Mithi	Student	Sunovi Mithi
36	Prakruti Koch	Student	Prakruti Koch
37	Priyanka Chetri	Student	Priyanka Chetri
38	Dharibo Deka	Student	Dharibo Deka
39	Jutika Boro	Student	Jutika Boro
40	Rupali Tiwari	Student	Rupali Tiwari
41	Saumika Boro	Student	Saumika Boro

42	Dharm kumari Shrestha	Student	Dharm kumari Shrestha
43	Archana Das	Student	Archana Das
44	Kabita Biswas	Student	Kabita Biswas
45	Parasmita Sarman	Student	Parasmita Sarman
46	Shreemila Boro	Student	Shreemila Boro
47	Puja Sarkar	Student	Puja Sarkar
48	Glakson D Maanik	Student	Doti Das
49	Doli Das	Student	Doli Das
50	Pujita Mallik	Student	Pujita Mallik
51	Sangita Devi	Student	Sangita Devi
52	Madan Ch. Das	Sr. Asstt.	Madan Ch. Das
53	Bhimpesh Jankola	Asstt. Prof.	Bhimpesh
54	Trofishman Baidya	Student	Trofishman
55	Karan Dalavi	student	Karan
56	Bikash Kholar	Student	Bikash Kholar
57	Jayanti Thakuria	student	Jayanti Thakuria
58	Amarjyoti Das.	Student	Amarjyoti Das (U)
59	Sabitri Chetri	Student	Sabitri Chetri
60	Mammi Boro	Student	Mammi Boro
61	Sowali Saikia	Student	Sowali Saikia
62	Simanta Rajbongshi	Student	Simanta
63	Sambhansu Debn.	Student	Sambhansu
64	Bairab Kalita	Student	Bairab Kalita
65	Rishika Phukan	Student	Rishika Phukan.
66	Hemadri Das.	Student	Hemadri Das.
67	Babreito Koch	Student	Babreito Koch.
68	Sangita Rajbongshi	Student	Sangita Rajbongshi
69	Rahul Borgehai	Student	Rahul Borgehai
70	Bhagyashree Saka	Student	Bhagyashree Saka

71	Trishna Ranghathi	students	Trishna Ranghathi
72	Chircon Debn	Students	Chircon Debn

Photograph:

